

Company Number: 440317

Sosad Ireland Limited
(A company limited by guarantee, with a share capital)
Directors' Report and Financial Statements
for the year ended 30 June 2015

Byrne Curtin Kelly
Certified Public Accountants & Statutory Audit Firm
Suite 4 & 5
Bridgewater Business Centre
Conyngham Road
Islandbridge
Dublin 8

Sosad Ireland Limited
(A company limited by guarantee, with a share capital)
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Sosad Ireland Limited

(A company limited by guarantee, with a share capital)

DIRECTORS AND OTHER INFORMATION

Directors	Aoibhinn Tormey (Appointed 7 May 2015) Wayne Moroney Stephen Rock Iggly O'Donovan (Resigned 30 March 2015) Kevin Callan Michelle Breen Brian Kelly Lee Moroney (Resigned 30 March 2015)
Company Secretary	Wayne Moroney
Company Number	440317
Registered Office and Business Address	60 Magdalene Street Drogheda Co. Louth Ireland
Auditors	Byrne Curtin Kelly Certified Public Accountants & Statutory Audit Firm Suite 4 & 5 Bridgewater Business Centre Conyngham Road Islandbridge Dublin 8
Bankers	Allied Irish Bank plc Dyer Street Drogheda Co Louth Ireland
CHY Number	17866
CRA Number	20067328

Sosad Ireland Limited

(A company limited by guarantee, with a share capital)

DIRECTORS' REPORT

for the year ended 30 June 2015

The directors present their report and the audited financial statements for the year ended 30 June 2015.

Principal Activity and Review of the Business

The principal activity of the charity is to give the right help and support to those living with depression and/or suicidal thoughts, as well as those bereaved by suicide, when they ask for and need it. This means that we have no waiting list for any of our support services and respond immediately to any request for help. The SOSAD range of support services are designed to respond to our clients' needs and to be available to help them whenever they decide to contact us.

Every SOSAD centre has a trained suicide intervention officer on call 24 hours a day, 7 days a week to help anyone that contacts us, with the goal of keeping them safe from suicide, if they are at risk, for the short term, until they can come in to meet with one of our psychologists. This is the start of the suicide intervention process, if the person has any suicidal tendencies or thoughts, or the start of the depression intervention, if the caller is just depressed or worried about someone else.

The new client is then invited in to be assessed by one of our psychologists as soon as they are available, which is generally that day or the next. The assessment is the next stage in the suicide or depression intervention process and helps us learn a lot more about the issues that are troubling the client, so that we can really start to help them. The assessment also allows us to work with the client to develop a client treatment plan that is designed to continue the process started at the first contact and help the client deal with their troubles and issues and hopefully keep them safe from suicide.

In almost every case, we offer the client free one to one counselling as part of this client treatment plan and our aim is to have every new client in counselling within a week of the assessment. They first get in touch with SOSAD when they are willing to get the help they need and we always have to respond when they feel inclined to get this help, and not weeks or months later.

During the assessment we often find that the client has other issues that could be helped by another agency in the community, so we make contact with these other groups and arrange for support there too.

There is still a terrible stigma associated with suicide, depression and Mental Health in general in Ireland and throughout the world but thankfully this is not as bad as it was, thanks to the increasing awareness campaigns on suicide, depression and Mental Health. SOSAD does all it can to raise awareness in the communities and counties we work in and we find that these campaigns are always successful in that they encourage more of those suffering in silence to reach out and seek the help they need. SOSAD volunteers are active in most of our second level schools giving talks and information on suicide and depression and these are always very well received and last year we visited lots of youth clubs, colleges and businesses to inform them about suicide and depression and these were just as successful.

The SOSAD range of information leaflets always seem to be a great source of information for people and it appears that many people learn about how we can help, through these booklets and brochures. We did try Google Ad words, but that did not seem to be as successful in helping those that need the professional and effective support we provide. That said, the SOSAD Facebook page has thousands of likes every day and it is a great way to keep everyone informed about what is going on in the charity, and gives people an alternative way of making contact with us. We are also building up our Twitter and LinkedIn profiles, in the hope that these too will prove beneficial both to us in SOSAD and those we need to keep in touch with.

The Company is limited by guarantee not having a share capital.

Sosad Ireland Limited

(A company limited by guarantee, with a share capital)

DIRECTORS' REPORT

for the year ended 30 June 2015

Review of the charity

In the last financial year, SOSAD opened no new centres or moved any of the existing ones, but instead concentrated on our most valuable resource our volunteers and the clients we help. We updated our training plans and organised personal and training files for everyone in the charity. We organised training and public talks on suicide, depression and suicide bereavement as part of our community involvement project for the year.

Unfortunately the amount of external training we provided for our volunteers was much less than the previous year and it was simply because we could not afford it this time around. The training did make our volunteers the best trained in our charity sector, but many of those that have been in SOSAD for a number of years have been passing their knowledge and experience to others.

SOSAD became fully compliant with the new Code of Governance for Irish Charities in March 2015 and have implemented the new policies and procedures over the last year and ensured that everyone in the charity was trained up on all our policies and procedures. This year we have started carrying out internal audits / evaluations to monitor our progress and ensure that we are doing the very best we can for all our clients. This Code of Governance has helped SOSAD and every volunteer become more professional and effective and we should hope that this continues into the future.

With regard to the core of what we do, and that is trying to help anyone affected by suicide and/or depression, last year was the busiest ever. Strangely there were no real peak periods like in September and January, as in previous years, and there was a continuous stream of calls and assessments in the summer, which is also unusual. The summer was even busier than March last year and to be honest we were not expecting that. So much so that projects were planned and organised for the summer which only put a lot more pressure on our coordinators and volunteers. (eg SOSAD 5K for life etc).

We took a total of 3,460 calls in 2015 compared with 2,125 in 2014, which is a massive 61% increase year on year. We carried out 730 assessments and provided from 10,000 hours of free one to one counselling across the charity. We also helped 61 families, colleagues or groups that had been bereaved by suicide and gave 170 talks to different schools, colleges, business and groups. All in all, it was a very busy year for everyone in the charity but we should all feel very proud and privileged that so many people literally put their lives and mental health in our hands and we did not let them down, despite the huge financial difficulties we all had to work with last year.

As is widely reported, the damage done to the whole Irish charity sector following the scandals about salaries and expenses in some of the big charities, has really impacted on our ability to earn the income we need to survive. Last year was so bad for SOSAD that it became a huge struggle for everyone in the charity. The figures will show how much we 'lost' in the last financial year but they won't show how much extra effort every coordinator and volunteer had to put in to try to get the money in we needed to stay open, but thanks to them we managed it, just about.

We exist to help others who struggle with life, yet so much more time had to be given towards fundraising that we were lucky that we did not let anyone down. And that is simply down to the brilliance of our coordinators and volunteers who kept the charity going and made sure that every single client was looked after. SOSAD does not get any public funding whatsoever, yet deliver a wonderful service in our communities and are frequently used by our local GPs and hospitals because we are faster and more local, and accessible. The big question on the minds and lips of every SOSAD volunteer last year was - why is it so hard in this country to help others that need the help and support they need?

Principal Risks and Uncertainties

Due to the company being a registered charity they are heavily reliant on donations and fundraising to ensure it's survival. If these revenue streams were to decrease significantly the company would struggle to cover their administration expenses.

Financial Results

The deficit for the year after providing for depreciation amounted to €(48,641) (2014 - €(862)).

At the end of the year the company has assets of €35,919 (2014 - €79,721) and liabilities of €18,457 (2014 - €13,618). The net assets of the company have decreased by €(48,641).

Sosad Ireland Limited

(A company limited by guarantee, with a share capital)

DIRECTORS' REPORT

for the year ended 30 June 2015

Directors and Secretary

The directors who served throughout the year, except as noted, were as follows:

Aoibhinn Tormey (Appointed 7 May 2015)
Wayne Moroney
Stephen Rock
Iggly O'Donovan (Resigned 30 March 2015)
Kevin Callan
Michelle Breen
Brian Kelly
Lee Moroney (Resigned 30 March 2015)

There were no changes in shareholdings between 30 June 2015 and the date of signing the financial statements.

In accordance with the Articles of Association, the directors retire by rotation and, being eligible, offer themselves for re-election.

Future Developments

The company plans to continue its present activities and current trading levels. Employees are kept as fully informed as practicable about developments within the business.

Post Balance Sheet Events

There have been no significant events affecting the company since the year-end.

Auditors

The auditors, Byrne Curtin Kelly, (Certified Public Accountants & Statutory Audit Firm) have indicated their willingness to continue in office in accordance with the provisions of Section 383(2) of the Companies Act, 2014.

Accounting Records

The directors acknowledge their responsibilities under Section 281 to Section 285 of the Companies Act 2014 to keep adequate accounting records for the company.

In order to secure compliance with the requirements of the act, a full time management accountant is employed. The accounting records of the company are kept at the registered office and principal place of business.

Signed on behalf of the board

Wayne Moroney
Director

29 March 2016

Stephen Rock
Director

29 March 2016

Sosad Ireland Limited

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DIRECTORS' RESPONSIBILITIES STATEMENT

for the year ended 30 June 2015

The directors are responsible for preparing the Directors' Report and the financial statements in accordance with applicable Irish law and Generally Accepted Accounting Practice in Ireland including the accounting standards issued by the Financial Reporting Council.

Irish company law requires the directors to prepare financial statements for each financial year. Under that law the directors have elected to prepare the financial statements in accordance with Irish Generally Accepted Accounting Practice (accounting standards issued by the Financial Reporting Council). Under company law, the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the assets, liabilities and financial position of the company as at the financial year end date and of the surplus or deficit of the company for that financial year and otherwise comply with the Companies Act 2014.

In preparing these financial statements, the directors are required to:

- select suitable accounting policies for the company financial statements and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for ensuring that the company keeps or causes to be kept adequate accounting records which correctly explain and record the transactions of the company, enable at any time the assets, liabilities, financial position and surplus or deficit of the company to be determined with reasonable accuracy and enable them to ensure that the financial statements and directors' report comply with the Companies Act 2014 and enable the financial statements to be audited. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on behalf of the board

Wayne Moroney
Director

29 March 2016

Stephen Rock
Director

29 March 2016

INDEPENDENT AUDITOR'S REPORT

to the Members of Sosad Ireland Limited

(A company limited by guarantee, with a share capital)

We have audited the financial statements of Sosad Ireland Limited for the year ended 30 June 2015 which comprise the Income and Expenditure Account, the Balance Sheet, the Cash Flow Statement, the Accounting Policies and the related notes. The financial reporting framework that has been applied in their preparation is the Companies Act 2014 and accounting standards issued by the Financial Reporting Council (Generally Accepted Accounting Practice in Ireland).

This report is made solely to the company's members, as a body, in accordance with Section 391 of the Companies Act 2014. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of directors and auditors

As explained more fully in the Statement of Directors' Responsibilities, the directors are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view and otherwise comply with the Companies Act 2014. Our responsibility is to audit and express an opinion on the financial statements in accordance with Irish law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practice Board's Ethical Standards for Auditors.

Scope of the audit of the financial statements

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of: whether the accounting policies are appropriate to the company's circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the directors; and the overall presentation of the financial statements. In addition, we read all the financial and non-financial information in the Directors' Report to identify material inconsistencies with the audited financial statements and to identify any information that is apparently materially incorrect based on, or materially inconsistent with, the knowledge acquired by us in the course of performing the audit. If we become aware of any apparent material misstatements or inconsistencies we consider the implications for our report.

Opinion on financial statements

In our opinion the financial statements:

- give a true and fair view of the assets, liabilities and financial position of the company as at 30 June 2015 and of its results for the year then ended; and
- have been properly prepared in accordance with Generally Accepted Accounting Practice in Ireland and in particular with the requirements of the Companies Act 2014.

Matters on which we are required to report by the Companies Act 2014.

- We have obtained all the information and explanations which we consider necessary for the purposes of our audit.
- In our opinion the accounting records of the company were sufficient to permit the financial statements to be readily and properly audited.
- The financial statements are in agreement with the accounting records.
- In our opinion the information given in the Directors' Report is consistent with the financial statements.

Matters on which we are required to report by exception

We have nothing to report in respect of the provisions in the Companies Act 2014 which require us to report to you if, in our opinion, the disclosures of directors' remuneration and transactions specified by Sections 305 to 312 of the Act are not made.

Darren Connolly
for and on behalf of
BYRNE CURTIN KELLY

Certified Public Accountants & Statutory Audit Firm
Suite 4 & 5
Bridgewater Business Centre
Conyngham Road
Islandbridge
Dublin 8

29 March 2016

Sosad Ireland Limited

(A company limited by guarantee, with a share capital)

INCOME AND EXPENDITURE ACCOUNT

for the year ended 30 June 2015

	Notes	2015 €	2014 €
Income	2	250,723	289,905
Expenditure		<u>(299,364)</u>	<u>(290,767)</u>
Deficit for the year	10	<u><u>(48,641)</u></u>	<u><u>(862)</u></u>

The company has no recognised gains or losses other than the results for the year. The results for the year have been calculated on the historical cost basis. The company's income and expenses all relate to continuing operations.

Sosad Ireland Limited

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BALANCE SHEET

as at 30 June 2015

	Notes	2015 €	2014 €
Fixed Assets			
Tangible assets	5	5,333	9,668
Current Assets			
Debtors	6	917	917
Cash at bank and in hand		29,669	69,136
		30,586	70,053
Creditors: Amounts falling due within one year	7	(18,457)	(13,618)
Net Current Assets		12,129	56,435
Total Assets less Current Liabilities		17,462	66,103
Reserves			
Income and expenditure account	10	17,462	66,103
Members' Funds	11	17,462	66,103

Approved by the board on 29 March 2016 and signed on its behalf by:

Wayne Moroney
Director

Stephen Rock
Director

Sosad Ireland Limited

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CASH FLOW STATEMENT

for the year ended 30 June 2015

	Notes	2015 €	2014 €
Net cash outflow from operating activities	15	(39,467)	5,056
Capital expenditure	15	-	(6,819)
Movement in cash in the year		<u>(39,467)</u>	<u>(1,763)</u>
Reconciliation of net cash flow to movement in net debt (Note 15)			
Movement in cash in the year		(39,467)	(1,763)
Net funds at 1 July 2014		<u>69,136</u>	<u>70,899</u>
Net funds at 30 June 2015		<u>29,669</u>	<u>69,136</u>

Sosad Ireland Limited

(A company limited by guarantee, with a share capital)

NOTES TO THE FINANCIAL STATEMENTS

for the year ended 30 June 2015

1. ACCOUNTING POLICIES

Basis of preparation

The financial statements have been prepared on the going concern basis and in accordance with generally accepted accounting principles in Ireland and Irish statute comprising the Companies Act 2014. They comply with the financial reporting standards of the Financial Reporting Council, as promulgated by the Institute of Certified Public Accountants in Ireland. The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the company's financial statements.

Accounting Convention

The financial statements are prepared under the historical cost convention.

Income

Income, is recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability. Income includes, donations, gifts, bequests, income from donation of assets and membership income. Income also includes any grant income received to carry on the charitable purpose of the organisation.

Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost or at valuation, less accumulated depreciation. The charge to depreciation is calculated to write off the original cost or valuation of tangible fixed assets, less their estimated residual value, over their expected useful lives as follows:

Fixtures, fittings and equipment	-	15% Straight line
Computer Equipment	-	25% Straight line

The carrying values of tangible fixed assets are reviewed annually for impairment in periods if events or changes in circumstances indicate the carrying value may not be recoverable.

Taxation

The company is exempt from corporation tax due to its charitable status (registered charity number CHY 17866)

Foreign currencies

Monetary assets and liabilities denominated in foreign currencies are translated at the rates of exchange ruling at the balance sheet date. Transactions, during the year, which are denominated in foreign currencies are translated at the rates of exchange ruling at the date of the transaction. The resulting exchange differences are dealt with in the income and expenditure account.

2. INCOME

The whole of the company's income is attributable to its market in the Republic of Ireland and is derived from the principal activity of being a charity. Sosad receive income from donations and fundraising.

3. OPERATING DEFICIT

	2015	2014
	€	€
Operating deficit is stated after charging:		
Depreciation of tangible fixed assets	4,335	4,335
Auditor's remuneration		
- audit of individual company accounts	4,858	3,998
	<u>4,858</u>	<u>3,998</u>

Sosad Ireland Limited

(A company limited by guarantee, with a share capital)

NOTES TO THE FINANCIAL STATEMENTS

for the year ended 30 June 2015

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4. EMPLOYEES AND REMUNERATION

Number of employees

The average number of persons employed (including executive directors) during the year was as follows:

	2015 Number	2014 Number
Management/ Branch Coordinator	1	1
Administration	7	5
	<u>8</u>	<u>6</u>

The staff costs comprise:

	2015 €	2014 €
Wages and salaries	119,050	92,726
Social welfare costs	11,357	8,627
	<u>130,407</u>	<u>101,353</u>

No employees remunerated by the organisation, are on a salary greater than €60,000.

5. TANGIBLE FIXED ASSETS

	Fixtures, fittings and equipment €	Computer Equipment €	Total €
Cost or Valuation			
At 30 June 2015	12,130	12,193	24,323
Depreciation			
At 1 July 2014	6,056	8,599	14,655
Charge for the year	1,820	2,515	4,335
At 30 June 2015	7,876	11,114	18,990
Net book value			
At 30 June 2015	<u>4,254</u>	<u>1,079</u>	<u>5,333</u>
At 30 June 2014	<u>6,074</u>	<u>3,594</u>	<u>9,668</u>

Sosad Ireland Limited

(A company limited by guarantee, with a share capital)

NOTES TO THE FINANCIAL STATEMENTS

for the year ended 30 June 2015

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5.1. TANGIBLE FIXED ASSETS PRIOR YEAR

	Fixtures, fittings and equipment €	Computer Equipment €	Total €
Cost or Valuation			
At 1 July 2013	8,661	8,843	17,504
Additions	3,469	3,350	6,819
At 30 June 2014	12,130	12,193	24,323
Depreciation			
At 1 July 2013	4,236	6,084	10,320
Charge for the year	1,820	2,515	4,335
At 30 June 2014	6,056	8,599	14,655
Net book value			
At 30 June 2014	6,074	3,594	9,668
At 30 June 2013	4,425	2,759	7,184

6. DEBTORS

	2015 €	2014 €
Prepayments and accrued income	917	917

7. CREDITORS

Amounts falling due within one year	2015 €	2014 €
Trade creditors	6,947	2,080
Taxation (Note 8)	5,541	4,526
Other creditors	508	-
Accruals	5,461	7,012
	18,457	13,618

8. TAXATION

	2015 €	2014 €
Creditors:		
PAYE	5,541	4,526

9. STATUS

The liability of the members is limited.

Every member of the company undertakes to contribute to the assets of the company in the event of its being wound up while they are members or within one year thereafter for the payment of the debts and liabilities of the company contracted before they ceased to be members and the costs, charges and expenses of winding up and for the adjustment of the rights of the contributors among themselves such amount as may be required, not exceeding € 2.

Sosad Ireland Limited

(A company limited by guarantee, with a share capital)

NOTES TO THE FINANCIAL STATEMENTS

for the year ended 30 June 2015

continued

10. INCOME AND EXPENDITURE ACCOUNT

	2015 €	2014 €
At 1 July 2014	66,103	66,965
Deficit for the year	(48,641)	(862)
At 30 June 2015	17,462	66,103

11. RECONCILIATION OF MOVEMENTS IN MEMBERS' FUNDS

	2015 €	2014 €
Deficit for the year	(48,641)	(862)
Opening members' funds	66,103	66,965
Closing members' funds	17,462	66,103

12. CAPITAL COMMITMENTS

The company had no material capital commitments at the year-ended 30th June 2015.

13. CONTINGENT LIABILITIES

There were no contingent liabilities at the year-ended 30th June 2015.

14. POST-BALANCE SHEET EVENTS

There have been no significant events affecting the organisation since the year-end.

15. CASH FLOW STATEMENT

15.1 RECONCILIATION OF OPERATING DEFICIT TO NET CASH OUTFLOW FROM OPERATING ACTIVITIES

	2015 €	2014 €
Operating deficit	(48,641)	(862)
Depreciation	4,335	4,335
Movement in creditors	4,839	1,583
Net cash outflow from operating activities	(39,467)	5,056

15.2 CASH FLOW STATEMENT

	2015 €	2014 €
CAPITAL EXPENDITURE		
Payments to acquire tangible assets	-	(6,819)

15.3 ANALYSIS OF CHANGES IN NET FUNDS

	Opening balance €	Cash flows €	Closing balance €
Cash at bank and in hand	69,136	(39,467)	29,669
Net funds	69,136	(39,467)	29,669

Sosad Ireland Limited

(A company limited by guarantee, with a share capital)

NOTES TO THE FINANCIAL STATEMENTS

for the year ended 30 June 2015

continued

16. APPROVAL OF FINANCIAL STATEMENTS

The financial statements were approved and authorised for issue by the board of directors on 29 March 2016.

SOSAD IRELAND LIMITED

(A company limited by guarantee, with a share capital)

SUPPLEMENTARY INFORMATION

RELATING TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 JUNE 2015

NOT COVERED BY THE REPORT OF THE AUDITORS

THE FOLLOWING PAGES DO NOT FORM PART OF THE AUDITED FINANCIAL STATEMENTS

Sosad Ireland Limited

(A company limited by guarantee, with a share capital)

SUPPLEMENTARY INFORMATION RELATING TO THE FINANCIAL STATEMENTS

TRADING STATEMENT

for the year ended 30 June 2015

	Schedule	2015 €	2014 €
Income		250,723	289,905
Costs	1	(10,928)	(20,623)
		<hr/>	<hr/>
Gross surplus		239,795	269,282
		<hr/>	<hr/>
Gross Percentage		95.6%	92.9%
		<hr/>	<hr/>
Overhead expenses	2	(288,436)	(270,144)
		<hr/>	<hr/>
Net deficit		(48,641)	(862)
		<hr/> <hr/>	<hr/> <hr/>

Sosad Ireland Limited

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SUPPLEMENTARY INFORMATION RELATING TO THE FINANCIAL STATEMENTS

SCHEDULE 1 : COSTS

for the year ended 30 June 2015

	2015 €	2014 €
Costs		
Direct costs	10,928	20,623
	10,928	20,623

Sosad Ireland Limited

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SUPPLEMENTARY INFORMATION RELATING TO THE FINANCIAL STATEMENTS

SCHEDULE 2 : OVERHEAD EXPENSES

for the year ended 30 June 2015

	2015 €	2014 €
Administration Expenses		
Wages and salaries	119,050	92,726
Social welfare costs	11,357	8,627
Staff training	5,327	990
Counsellor and Supervision Costs	22,275	10,650
Rent payable	44,870	44,080
Rates	860	855
Insurance	3,285	3,837
Light and heat	14,635	11,039
Repairs and maintenance	4,812	20,635
Printing, postage and stationery	12,442	18,827
Advertising	1,855	2,557
Telephone	12,870	15,772
Computer costs	2,034	1,456
Travelling and room hire	18,250	13,548
Accountancy	1,472	3,740
Bank charges	1,242	1,119
Staff entertainment	-	1,757
General expenses	2,427	9,596
Subscriptions	180	-
Auditor's remuneration	4,858	3,998
Depreciation of tangible fixed assets	4,335	4,335
	<u>288,436</u>	<u>270,144</u>